

Recruit Training Sea Bag

Due to the nature of the training and the limited storage space, special attention should be given to the Sea bag Requirements list. **Each Cadet Recruit MUST have the proper type and number of uniforms to be able to complete the training without additional hardships.**

In addition, care should be taken to ensure that each home unit Commanding Officer and each parent is made aware of what is NOT allowed to be brought to the Recruit Training evolution. The list that follows should be followed closely and modified ONLY when it cannot be avoided. **The list of items NOT ALLOWED will not be modified.**

Refer to Sea Bag list for what cadets need to bring, this will be what we look for during wall locker inspection. All items on the list must be packed in the Sea Bag.

ALL ITEMS MUST BE MARKED WITH THE RECRUIT'S NAME AND LAST FOUR OF THEIR SSN- NO EXCEPTIONS!

UNIFORMS:

USE WHAT EVER UNIFORMS YOU HAVE TO MAKE UP THE UNIFORMS NEEDED TO HAVE YOUR 3 SETS. EXAMPLE: YOU CAN HAVE ONE SET OF UTILITIES, ONE SET OF BDU'S AND ONE SET OF NWU'S OR ANY OTHER COMBINATION. AS LONG AS YOU HAVE 3 SETS.

DO NOT BRING THE FOLLOWING ITEMS THEY WILL BE CONFISCATED:

- NO ELECTRONICS: games, cell phones, radios, iPods etc. Cell phones are OK if traveling alone but must be turned in during check in.
- Glass Items (check all bottles - Use Plastic). Magazines or Books (Except Military courses - BMR, SN, AN, FN, etc.)
- Tobacco Products (Including lighters, snuff, & chewing tobacco)
- Hair dryers
- Drugs, paraphernalia or other controlled substances.
- Electric razors
- Civilian clothing (traveling by Airplane and COTC knows)
- Makeup
- Weapons (knives, firearms, fireworks, etc.)
- Earrings for male cadets
- Females must conform to Uniform Regulations SILVER BALL for ear rings.
- NO FOOD (candy, chips, gum, etc.)
- Jewelry (rings, bracelets, necklaces) (Except 1 religious medallion)
- NO Aerosol cans
- All Non-Authorized items brought to Recruit Training will be confiscated.

Recruit Training Seabag Check List

AMT	ITEM	Male / Female	✓
1	Jumper, Service Dress White	M/F	
3	Shirts, Utility / BDU / NWU	M/F	
1	Trousers, Service Dress White	M/F	
3	Trousers, Utility / BDU / NWU	M/F	
1	Neckerchief, Black	M/F	
1	Cover, White (for Dress Whites / Utilities)	M	
1	Cover, Combination	F	
1	Cover, 8 Point NWU / BDU	M/F	
1	Cover, ball cap, NSCC or Unit	M/F	
2	T-Shirts, White, Crew Neck (for dress whites)	M/F	
5	T-Shirts, Blue (NWU) / Brown (BDU)	M/F	
6-8	Socks, White , Athletic	M/F	
2	Socks, Black Dress	M/F	
6	Socks, Black cotton / wool	M/F	
1	Belt, white (silver tip)	M/F	
1	Belt, Black (silver tip)	M/F	
1	Buckle, silver (utilities / NWU)	M/F	
1	Buckle, black (BDU's)	M/F	
1	Shoes, Dress, black leather	M/F	
1	Boots, black leather, combat	M/F	
1	Shoes, Athletic	M/F	
1	Shoes, shower (flip flops)	M/F	
1	Shorts, blue PT, NSCC or NAVY or Unit gear preferable (no cut offs, 2" above knee max)	M/F	
1	Shirt, PT, Yellow (Unit, Navy or NSCC gear) no sleeveless or plain white shirts	M/F	
1	Swimsuit, trunks (no more than 2" above the knee)	M	
1	Swimsuit, one piece (female)	F	
6	Under Garments, white cotton	M/F	
2	shorts, compression for PT	M/F	
2	Sleeping attire, may sleep in PT gear or sweat shirt / pants	M/F	
1	Bedding: Blanket, pillow, sheets (white, 2 sets, non fitted)	M/F	
4	Towels	M/F	
4	Wash cloth	M/F	
1	Kit, Shoe Shine	M/F	
1	Bag, Laundry	M/F	
1	Bag, Sea or Duffle	M/F	
1	container, water - military canteen or camelbak (preferred)	M/F	
2	Lock (key or combination) with extra keys	M/F	
1	Kit, Hygiene: soap, shampoo, deodorant ¹ , tooth paste/brush, shave cream, razor, Feminine products, Sunscreen ¹ , powder - baby / foot, Bug Repellent ¹ 1. NO SPRAY CANS	M/F	

NOTES:

1. NSCC Shoulder Flashes MUST be worn on ALL Jumpers, Shirts and Jackets.
2. NSCC Chevrons MAY NOT be worn on any uniform item except for Staff Cadets
3. Cadet's last name and USNSCC Embroidered tapes will be sewn on all uniform items
4. Skirts for females are not recommended, trousers are preferred.
5. UNIFORM FOR GRADUATION IS DRESS WHITES FOR ALL CADETS AND SUMMER WHITES FOR OFFICERS
6. All cadets are to have a proper haircut IAW regulations while attending Recruit Training.

IDENTIFYING YOUR UNIFORMS AND PERSONAL ITEMS

Last name (or initials on small items) should be stenciled on ALL personal items including wash cloths
 Dress Uniforms should be stenciled in permanent ink on the manufacturer's tag.